

MEAT FREE - MEAT FREE MONDAY

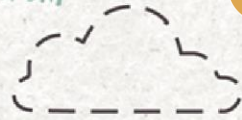
5 A DAY

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- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish £1.85	Chicken pie & wedges	Chicken tikka with rice & naan	Roast pork breast, crispy roasters, Yorkshire pudding, finished with gravy	Bolognese & garlic bread	Donner meat / fish and chips
Vegetarian Main Dish £1.85	Quorn potato pie	Tomato pasta bake & garlic bread	Quorn sausage crispy roasters, Yorkshire pudding, finished with gravy	Quorn tikka rice & naan	Quorn Dippers & chips
Accompaniments	Steamed sweetcorn Baked beans House salad	Green beans House salad	Seasonal vegetables House salad	Baton carrots House salad	Garden peas House salad
Jackets £1.85	Jacket potatoes served with a selection of fillings	Jacket potatoes served with a selection of fillings	Jacket potatoes served with a selection of fillings	Jacket potatoes served with a selection of fillings	Jacket potatoes served with a selection of fillings
Dessert Included in a £2.53 Meal deal 95p single	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots	Selection of home-made bakes and dessert pots



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